



CRHS - CITY

CRHS - CITY SCHOOL BACKGROUND

CRHS - City is located in Central Wellington, supports secondary students to transition back to their regular school, further education or employment. Students will be currently enrolled with a regular school and working with a mental health team. CRHS - City staff include teachers and health workers.

WHAT YOU CAN EXPECT FROM US

CRHS - City School Programme

As well as meeting identified regular core curriculum learning goals, an activity based therapeutic programme will also be included. The programme will focus on the Key Competencies (*The New Zealand Curriculum- Ministry of Education, 2007*).

- Thinking Skills
- Relating to Others
- Using language symbols and texts
- Managing Self
- Participating and contributing



Transition Plans

CRHS - City staff will work with your family, regular school, mental health team and any other significant people to actively support your transition. You can expect to be treated as an important part of your own team. Together we will work towards meeting your transition goals.

Environment

CRHS - City is a centrally located school with easy access to public transport and community facilities.

You can expect:

- A locker to place your belongings
- Kitchen facilities to prepare the lunch you bring
- Access to music as negotiated with staff to meet your needs
- Up-to-date equipment and resources to meet your educational goals
- Quiet spaces that enable you to meet with your support staff
- To feel included, supported, accepted and valued
- A smoke free environment
- Confidentiality and privacy.

WHAT WE EXPECT FROM EACH STUDENT

CRHS - City School Programme

- To arrive ready to begin school at 9am (parent/caregiver must notify CRHS -City by 9.30 if student absent).
- To actively participate in the CRHS-City programme.
- Take responsibility for being prepared for your daily programme.

Transition Plans

Be a key team member, by actively participating in your individual plan and transition goals.

Environment

- Follow school guidelines and expectations.
- Be responsible for handing in your cell phone at the beginning of each day (cell-phone can be used at lunch time).
- Musical devices can be used as negotiated with staff at individual study times.
- Be smoke free during school hours.
- Include, support, and value each other and the environment.
- Respect student confidentiality and privacy.

CRHS - City School Programme details:

Getting Started: This is a time to start the day together where we meet new people, find out what's happening, and a chance to discuss any issues.

Curriculum Studies: Opportunity to work on your own individual core curriculum goals, supported by CRHS-City teachers.

Workshops: Workshops are held to target group student curriculum goals, as well as therapeutic needs.

Managing Me: Group learning about different therapeutic strategies to help you manage your mental health and emotional well being.

Cooperative/Inquiry Learning: Integrated units of study will be used to develop the Key Competencies. During this time you will work together in small groups and share in the learning.

Physical Education: This will involve an indoor or outdoor programme to encourage a healthy lifestyle and future fitness ideas.

Community/Career Studies: Meeting members of our community who will share their life knowledge, experiences and relevant career information. This can provide helpful advice for you to understand more about community networks and possible career pathways.

Education Outside the Classroom (EOTC): Once a fortnight you will participate in activities outside of the classroom. This will enable you to practice the Key Competencies purposeful for transitioning back to school/study or employment.

Lunch Group: Every second Friday a small group will plan, shop, prepare and cook a healthy shared lunch.

Creative Pursuits: Once a week you will have an opportunity to participate in various creative activities e.g. art, music, drama.



CRHS CITY CONTACTS

Physical Address:

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Phone:

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Postal Address:

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Team Leader Mental Health

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The Principal

Ken McIntosh

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STAFF

Terence Thompson- Teacher, Vicky Griffin- Occupational Therapist, Lisa Thompson- Team Leader,
Sharon Marshall- Support Staff, Ardelle Tawharu- Teacher

WEEKLY TIMETABLE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
9.00-9.15	Getting Started	Getting Started	Getting Started	Getting Started	Getting Started	
9.15-9.45	Curriculum Studies	Curriculum Studies	Curriculum Studies	Curriculum Studies	Individual Education Programme	
9.45-10.15	Curriculum Studies	Managing Me A	Curriculum Studies	Managing Me A		
10.15-10.55	Managing Me B	Curriculum Studies	Managing Me B	Curriculum Studies		
10.55-11.15	Morning Tea	Morning Tea	Morning Tea	Morning Tea		
11.15-12.30	Workshops/ Curriculum Studies	Workshops/ Curriculum Studies	Workshops/ Curriculum Studies	Workshops/ Curriculum Studies	Workshops/ Curriculum Studies	
12.30-1.10	Lunch	Lunch	Team Review Meetings (Students finish 12.30)	Lunch	Shared Lunch (alternate weeks/even)	
1.10-2.50	Co-op/Inquiry Learning	Co-op/Inquiry Learning		Community Studies	1.10-2.10 Creative Pursuits	2.10-2.50 Music
2.50-3.00	Daily Debrief	Daily Debrief		PE (alternate weeks-even)	E.O.T.C (alternate weeks-odd)	Daily Debrief
				Daily Debrief	Daily Debrief	

